

As a primary care provider, your patients often have multi-dimensional and ever-changing needs. Whether you have a specific question or are looking to enhance your knowledge, improve patient outcomes,

or stay updated on the latest advancements, these resources provide valuable insights and practical tools for healthcare professionals committed to delivering high-quality care.

## Maryland Resources

### Maryland Addiction Consultation Services (MACS)

MACS is a free resource provided by addiction specialists at the University of Maryland School of Medicine. It offers guidance on MOUD, co-occurring mental health conditions, harm reduction, and pain management. MACS also provides free resources, including clinical toolkits, patient education materials, and training opportunities for healthcare providers in Maryland. Prescribers can access support through a warm line or by scheduling a consultation on the website.

- **Website:** <https://www.marylandmacs.org>
- **Call:** 1-855-337-MACS (6227)

### MACS for MOMs

MACS for MOMs, a division of MACS, provides free support, resources, and training for providers treating **pregnant and postpartum individuals**. It offers guidance on issues such as use of MOUD while pregnant or breastfeeding, neonatal abstinence syndrome (NAS), relapse prevention, and perinatal mental health.

- **Website:** <https://www.medschool.umaryland.edu/macsforsmoms>
- **Call:** 1-855-337-MACS (6227)

### Maryland's Office of Overdose Response

Maryland's Office of Overdose Response provides information in English and Spanish for providers and community members to obtain Naloxone, learn about opioid medication drop-off, syringe exchange, overdose prevention, and more.

- **Website:** <https://stopoverdose.maryland.gov/resources>

### 988 Suicide & Crisis Lifeline

988 is a nationwide substance use, mental health and suicide prevention support line. Patients can call (or text or chat) 9-8-8 to talk and to connect with services when they need immediate support or are in crisis.

- **Website:** <https://health.maryland.gov/bha/Pages/988md.aspx>
- **Call or Text:** 988

### 211 Maryland

211 Maryland is a statewide network that connects individuals to local resources for various needs, including substance use, mental health, housing, and more. It's available in English and Spanish, and people can seek help for themselves, a family member, or a friend.

- **Website:** <https://211md.org>
- **Call:** 211

### MDHope

MDHope is part of the 211 Maryland network of resources. By texting MDHOPE to 898-211, individuals can sign up to receive local resources based on their zip code. The system asks questions about whether the service is for the person texting, a friend/family member, or a client/patient, and then provides relevant information such as treatment centers, overdose reversal medication information, safe disposal sites, prevention support and much more.

- **Website:** <https://211md.org/resources/substance-use/mdhope>
- **Text:** MDHOPE to 898-211
- **Call:** 211

## Prescribing Tools

### SAMHSA TIP 63: Medications for Opioid Use Disorder

This Treatment Improvement Protocol (TIP) for healthcare professionals reviews the use of the three FDA-approved medications used to treat OUD: methadone, naltrexone, and buprenorphine. It also covers other strategies and services needed to support recovery for people with OUD.

- **Website:** <https://store.samhsa.gov/product/tip-63-medications-opioid-use-disorder/pep21-02-01-002>

### SAMHSA Practical Tools for Prescribing and Promoting Buprenorphine in Primary Care Settings

This resource provides information to primary care providers and practices on how to implement OUD treatment using buprenorphine. It identifies common barriers and strategies to overcome them. It documents step-by-step tactics to support buprenorphine implementation.

- **Website:** <https://www.samhsa.gov/resource/ebp/practical-tools-prescribing-buprenorphine-primary-care>

### Boston Medical Center MOUD Quick Start APP

This mobile or online application offers helpful branching logic to guide providers through the initiation or maintenance of medications for opioid use disorder (MOUD), including naltrexone and buprenorphine. It also contains numerous tools and resources to assist providers in managing MOUD treatment.

- **Apple App Store:** <https://apps.apple.com/us/app/bmc-mat-quick-start/id1524468581>
- **Google Play Store:** <https://play.google.com/store/apps/details?id=org.bmcobat.app>

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## Other Community Resources to Address Health-related Social Needs

### FindHelp.org

FindHelp is an online, searchable resource that allows users to find free or reduced-cost resources like food, housing, financial assistance, health care, and more. Resources can be filtered by location and service type.

- **Website:** <https://www.findhelp.org>

### FindTreatment.gov

This online, searchable resource provided by SAMHSA to help identify mental health and substance use treatment services. Resources can be filtered by location and service type.

- **Website:** <https://www.findtreatment.gov>